

# MPOX IS STILL A CONCERN - GET VACCINATED!



The **best protection** against severe Mpox is **vaccination**. It is recommended for cis men, trans and non-binary people who have sex with men and frequently change partners, as well as for sex workers.

**More information:** [iwwit.de/engl/mpox](http://iwwit.de/engl/mpox)

Look out for **skin changes** such as rashes, blisters, wounds, scabs, especially in the genital/anal area, on the mouth and on the hands. If in doubt, avoid skin contact.



**Do not share sex toys**, sex aids and lubricants during sex.

Do not share **textiles**.

**Condoms** during fucking and **gloves** during fisting **reduce the risk** of particularly painful courses of the disease in the anal and genital area. However, they do not protect against transmission to other parts of the body.



Have symptoms checked by a doctor and discuss how to prevent transmission. **Avoid sex** / close skin-to-skin contact **until** the skin changes have **healed**. **Inform sex partners** and others with whom there was close skin-to-skin contact.



Find out  
more at:  
[iwwit.de/engl/mpox](http://iwwit.de/engl/mpox)

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# MPOX VIRUSES ARE STILL SPREADING AMONG MEN WHO HAVE SEX WITH MEN.

The **main route of transmission** is **close, longer skin-to-skin contact** with the skin changes or scabs – especially during sex, but also during cuddling, for example. Mpox can also be transmitted through objects such as sex toys, clothing, bedding or towels.

**More information:** [iwwit.de/engl/mpox](http://iwwit.de/engl/mpox)

Typical symptoms include extremely painful skin changes – from spots and nodules to blisters, wounds and scabs.

They usually start at the point where the virus enters the body – often in or around the mouth, tail/genital area and anus.

The infection heals on its own, but the skin damage usually leaves scars.

Transmission is possible **until all wounds have healed**, the scabs have fallen off and a new layer of skin has formed. This can take several weeks.



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